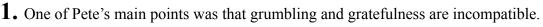


Exodus #6 5/29/22 Exodus 16



**What is something that you have recently grumbled about?

**Is there a way that you could try to be grateful in that situation?

2. Another of Pete's points was, "Appreciate the apparatus and avenue through which God provides."

**Has there been a time where God provided something for you in an unexpected way? What was your reaction?

For more discussion: A surprising element of the manna story is that manna from each morning lasted for one day, except for the double portion that was collected on the 6th day - it lasted two days. Pete drove home the point that this manna was *enough*. If anyone was greedy, it was spoiled before long.

**Are there things that you wish you had more of, but you actually have enough?

**Why do you think you want more?

3. Did you know that manna is a naturally occurring substance in the Middle East? Any Google search can reveal that manna continues to occur in certain areas (check out the encyclopedia link on the resources page). As Pete mentioned, the true miracle is that it happened for 40 years straight, except for every 7th day.

**How does this fact change your view of "bread from heaven?"

4. Pete described how manna showed something about the nature of God, specifically that it was a foreshadowing of life in the Promised Land: it was flowing with milk and honey and the manna tasted like honey.

**How do you think God is foreshadowing our eternal lives in heaven right now?

